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BIG TECH COMPANY ADMITS IT'S LISTENING TO YOU

We've all suspected our devices are listening to us. How else could the clothing company you just told your sister about over brunch show up as a targeted ad on your Instagram feed? The tech community has largely denied listening without our permission. In fact, in 2017, Facebook had to publicly deny that it listens to its users (that's what they use location services and ad tracking for).

But Cox Media Group (CMG), a multibillion-dollar media empire that owns and operates TV and radio stations worldwide, admitted it's doing just that.

How Are They Doing It?

404 Media gathered published marketing information from CMG and determined that it uses AI to identify conversations via smart devices - collecting information about our spending behaviors, interests and how we spend our time - to deliver ads to us. CMG calls it "Active Listening." Though any mention of CMG's Active Listening platform has been removed from its website, the archived information is still accessible. A document published by CMG's VP of digital strategy said, "Yes, our phones are listening to us," and "CMG has tech capabilities to use to your business advantage." For example, it claimed to use audio data to create detailed customer profiles, which benefits consumers (fewer irrelevant ads) and businesses (targeted marketing). Still, no one knows exactly how they do it, technically speaking. Would it still adhere to safety restrictions imposed by companies like Apple that prevent other companies from listening to its devices? No one knows.

CMG later published a statement saying, "CMG businesses do not listen to any conversations or



access to anything beyond a third-party aggregated, anonymized and fully encrypted data set that can be used for ad placement. We regret any confusion..." Business Insider states, "It's important to note that it's not clear whether this technology and marketing is actually happening." Nevertheless, this incident is an important reminder to refresh your privacy settings and pay attention to the real possibilities of companies listening in.

Adjust Your Privacy Settings Now

Although tech leaders like Google and Apple have policies around how and when they listen to you, fake apps and shady companies do not. Any app with access to your microphone could listen to your most private conversations.

Take a moment and really look at the permissions you've given your apps. Ask yourself, does this app really need to listen in? If it's not essential, it's better to revoke that microphone access in your device's settings. Another smart move is to tweak your settings so that an app can only use the microphone while you're actively using it. Finally, never download apps unless you know how, when and why they collect data about you, especially voice data.

TURNING DOWN THE VOLUME ON STRESS:

Why Leaders Are Choosing Mindfulness Over Hustle

Meditation and mindfulness practices have been studied in a range of contexts - from college students to hardened marines (who showed faster stress recovery with mindfulness-based mind fitness training). Leaders who meditate think more clearly, stay calm in chaos and make smarter decisions. You don't need a mountain retreat to channel the Zen; meditation apps like Headspace, Calm and Insight Timer provide pocket-sized guided sessions to ease into this practice anywhere, anytime.



TECHNOLOGY TIMES

Insider Tips To Make Your Business Run Faster, Easier And More Profitably

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TRUST

By Hernan Diaz

We'll pause from your regular stream of business book content for an award-winning fiction novel called Trust.



Trust by Hernan Diaz is an enthralling Pulitzer Prize-winning novel that masterfully blends genres and timelines. Set against the backdrop of New York's roaring '20s and the Great Depression, it delves into the lives of Benjamin and Helen Rask, a power couple whose fortune is as immense as the mysteries surrounding it. Diaz skillfully weaves a complex narrative that challenges readers to discern fact from fiction, exploring themes of wealth, power and deceit.

This literary puzzle captivates with its deep dive into class, capitalism and the influence of power on reality. Both a gripping tale and an intellectual journey, Trust offers a fascinating exploration of personal relationships and societal constructs, making it an exhilarating read.

WHAT'S NEW

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This monthly publication is provided courtesy of John Smith, President of IT Company.

OUR MISSION:

To build a community of success-minded entrepreneurs that inspires excellence, encourages collaboration and expands the capacity of all members to achieve great things.

TRUST IS THE NEW CURRENCY

How Wealthy Are You?

Today, most business transactions - whether buying shampoo or tonight's dinner - are faceless. That's why in our digital world, trust is the new currency. This shift in consumer behavior, sometimes called the "trust economy," is more than the quality of products or services you offer; it's about constructing a bedrock of reliability and transparency so customers choose you over competitors.

"Trust keeps society running. Even the most trivial interactions rely on small acts of trust," the Economist reported. This isn't lost on company leaders either. PwC's 25th Annual Global CEO Survey reported that behind industry conditions, consumer trust is the most important predictor of a company's past and future financial performance.

Technology's Role In Improving Customer Trust

Our dependence on technology is undeniable, yet this very reliance makes us vulnerable. Computer pioneer Willis Ware once said, "The only computer that's completely secure is a computer no one can use."

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